

# How to Make Pattern Weights

## You Will Need

Scraps of fabric, rice, barley or something similar (uncooked!), usual sewing supplies.

## Cutting Out



For my pattern weights, I used a rectangle 18 cm x 9 cm. You can make yours whatever size you like, but to get that nice triangular shape, the rectangle you use will need to be roughly the same size as 2 squares joined together.



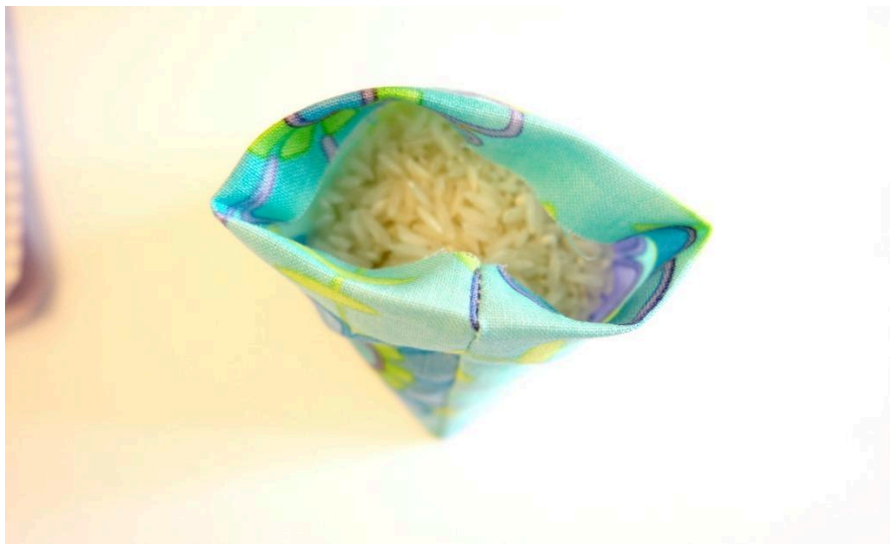
Cut 1 rectangle for each pattern weight.

## Sewing Up

1. Fold 1 of the rectangles in half so that the right sides are together. Sew along the bottom and the side. Trim the seams.
2. Turn it out and fill with rice. Be careful not to overfill it. The rice will need to be able to move about and overfilling will also make it difficult to sew up. About 2 thirds full is probably about right.



3. Fold the raw edge over so that it is inside and press with your finger.



4. Pin the top of the pattern weight so that the side seam is in the middle. By doing this, the top edge will run at right angles to the bottom edge.



5. Slip stitch the opening.



You now have 1 pattern weight! How many you make is up to you. I made 9.

## Tips

If you don't have any rice, you could use **barley, dried peas or dried lentils.**

If you are short on time, **batching will make the whole process quicker.**

Have a rummage through your fabric scraps. **They're a great way to use up odds and ends** of lovely things that are too small to do much with, but that you don't want to throw away!